

HBC LADIES' NEWS

Welcome | Acts of Kindness | Thought for the Month | Puzzle

Welcome

Welcome to the third edition of the **HBC Ladies' News**.

Thank you

The Ladies Group have received a letter of thanks for our donation of £50 to the work of Jimmy's, Cambridge.

They write:- "Your contribution enables us to provide vital support to over 100 individuals across all our services in Cambridge. We remain open delivering business as usual"

Seen in my Garden



This is a scented rhododendron from Barbara's garden.



This is white lilac from Julie's garden which is flowering for the first time since they moved into their house, 32 years ago!

Acts of Kindness and Encouragement



My neighbour came to see me with a lovely bunch of beautiful yellow roses and some sweet treats. It was very thoughtful and made my day much brighter.

I also took heart from this little quote that I found in a book that my daughter bought me many years ago. It's called **Look out**.

*Whatever you are facing today,
Never think for one minute you can't cope.
When you have run out of strength and can't fight on,
God will send reinforcements . . . so start looking for them.* **Rose**

Many acts of kindness every day:

- the smiles and acknowledgements of strangers who pass me on my daily walk
 - support systems quickly developed throughout our village and beyond to ensure that everyone has the help they need and so do not feel completely alone.
 - Scott and Mark for helping me to access the Coffee Pot on Zoom
- Julie**

This is a something I found amazingly appropriate in the Prayer Handbook I follow every year.

On the first Sunday after Easter, when the Lectionary Readings include John's account of the appearances of the risen Christ to the disciples, the opening prayer started :

"Risen Christ, when we find ourselves behind closed doors come and stand amongst us."

The opening prayer had been written months before the Coronavirus crisis and our Lock-down.

Rosemary



Puzzle of the Month

How many words of three or more letters, can you make from the word:

Lockdown

Email or post all answers to the Editor and there is a small prize for the person with the most words. Closing date - June 6th.

Next Month

The theme for next month is "Things I have made".

The **thing** could be anything - a cake, a knitted pair of socks or an interesting journey, a mistake, an important decision, a lasting friendship.

Let me know by June 6th, so it can be included in the next edition of the **HBC Ladies' News**.

Editor's details

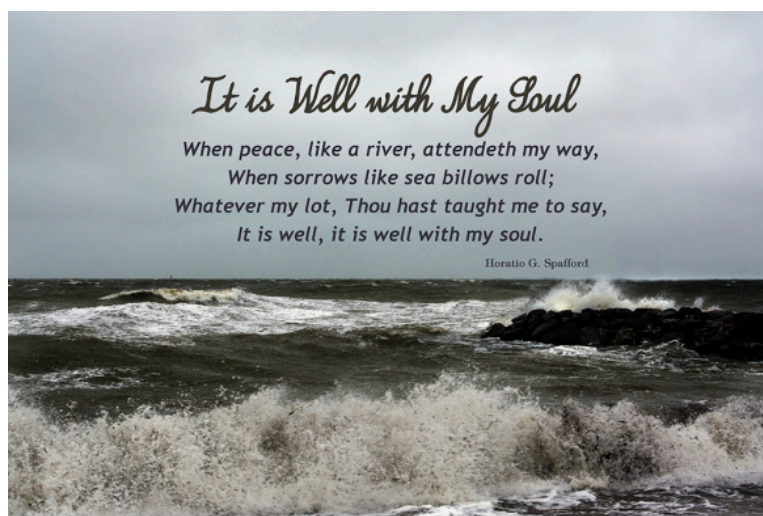
Editor: Sue Harris

Email: vic.sueharris@gmail.com

Telephone: 01223 843428

Address: 9 Courtyards,
Little Shelford,
Cambridge, CB22 5ER

Thought for the month from our Northern Correspondent



It is a year since we arrived in Caton, Lancaster and, during this current crisis, I'm reminded again of this hymn - **When peace like a river, attendeth my way** - that was a constant encouragement during the move. Click on the link to hear the hymn.

www.youtube.com/watch?v=3F6azNajlxg&feature=youtu.be

**When peace like a river, attendeth my way,
When sorrows like sea billows roll
Whatever my lot, thou hast taught me to say
It is well, it is well, with my soul**

**It is well
With my soul
It is well, it is well with my soul**

**Though Satan should buffet, though trials should come,
Let this blest assurance control,
That Christ has regarded my helpless estate,
And hath shed His own blood for my soul**

**It is well (it is well)
With my soul (with my soul)
It is well, it is well with my soul**

There are some silver linings to be found. I am running around the field ten times every day as I can't swim of course. I absolutely hate running and was getting quite grumpy about it but decided to use it to pray for others and to sing praise songs. I returned more positive so I'll try and do that more often.

Christine